

Epsilon Sigma Omicron Reading List

2024-2026 ESO Reading List for GFWC's Reading Groups

The following is the **suggested national ESO reading list**. If your state compiles its own reading list, you should first consult it. The books are divided into 34 subject categories. The list is updated based on selected best sellers' lists, American Library Association lists, Pulitzer and other prize lists, and GFWC related topics. State Education & Libraries Community Service Program chairmen may adapt, alter, and/or update this list as desired. Books may also be read for ESO categories that are not on the list as this list is not exhaustive.

- o American History
- The Arts
- o Biography and Memoir
- o Business and Finance
- Conservation and Ecology
- o Drama
- Education
- Fiction, Classic
- o Fiction, General
- o Fiction, Historical
- o Fiction, Mystery/Thriller
- o Fiction, Romance
- Fiction, Science Fiction/Fantasy
- Health and Medicine
- Home and Garden
- o International Authors
- Parenting and Families

- Poetry
- Reading to/with Children Picture Books and Story Books
- Reading to/with Children Chapter Books and Books for Youth
- o Religion and Inspirational
- o Science
- Social Science
- Sports and Recreation
- STEM/STEAM books for adults
- o STEM/STEAM books for children
- o Travel and Geography
- o Volunteerism
- Women's Studies
- World History
- Authors from your State
- o Books About or Taking Place in your State

The book lists that follow are based on the all-time best books as of January 20224 and the source is noted.

AMERICAN HISTORY - https://historyhustle.com

- 1. Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong (1996) James W. Loewen
- 2. These Truths: A History of the United States (2019) by Jill Lepore
- 3. How to Hide an Empire (2019) by Daniel Immerwahr
- 4. The Worst Hard Time: The Untold Story of Those Who Survived the Great American Dust Bowl (2018) by Timothy Egan
- 5. Trail of Tears: The Rise and Fall of the Cherokee Nation (1988) by John Ehle
- 6. A Patriots' History of the United States: From Columbus's Great Discover to America's Age of Entitlement (2004) by Larry Schweikart
- 7. Grant (2001) by Jean Edward Smith
- 8. This Republic of Suffering: Death and the American Civil War (2008) by Drew Gilpin Faust
- 9. Code Girls: The Untold Story of the American Women Code Breakers of World War II (2017) by Liza Mundy
- 10. A People's History of the United States (1980) by Howard Zinn
- 11. Empire of the Summer Moon (2010) by S. C. Gwynne
- 12. Founding Brothers: The Revolutionary Generation (2000) by Joseph J. Ellis
- 13. Team of Rivals: The Political Genius of Abraham Lincoln (2005) by Doris Kearns Goodwin
- 14. No Ordinary Time: Franklin and Eleanor Roosevelt: The Home Front in World War II (1994) by Doris Kearns Goodwin
- 15. Stamped from the Beginning: The Definitive History of Racist Ideas in America (2016) by Ibram X. Kendi
- 16. The Warmth of Other Suns: The Epic Story of America's Great Migration (2010) by Isabel Wilkerson
- 17. The Bully Pulpit: Theodore Roosevelt, William Howard Taft, and the Golden Age of Journalism (2013) by Doris Kearns Goodwin
- 18. 1491: New Revelations of the Americas Before Columbus (2005) by Charles C. Mann
- 19. Destiny of the Republic: A Tale of Madness, Medicine and the Murder of a President (2011) by Candice Millard
- 20. Mayflower: Voyage, Community, War (2006) by Nathaniel Philbrick

THE ARTS - https://bookauthority.org

- 1. The Creative Act: A Way of Being (2023) by Rick Rubin
- 2. The Artist's Way (2016) by Julia Cameron
- 3. Leonardo da Vinci (2017) by Walter Isaacson
- 4. The Arts: A Visual Encyclopedia (2017) by DK
- 5. You Are an Artist: Assignments to Spark Creation (2020) by Sarah Urist Green
- 6. Ninth Street Women: Lee Krasner, Elaine de Kooning, Grace Hartigan, Joan Mitchell, and Helen Frankenthaler: Five Painters and the Movement That Changed Modern Art (2018) by Mary Gabriel
- 7. What Really Makes America Great (2018) by Creative Action Network
- 8. Art That Changed the World (2013) by DK
- 9. Drag: Combing Through the Big Wigs of Show Business (2019) by Frank Decaro
- 10. Design as Art (2019) by Bruno Munari
- 11. Matisse (2019) by Volkmar Essers
- 12. The Little Book of Dior (Little Books of Fashion, 5) (2020) by Karen Homer
- 13. Blitt (2017) by Barry Blitt
- 14. Logo Modernism (2015) by Jens Müller
- 15. Vintage Tattoo Flash: 100 Years of Traditional Tattoos from the Collection of Jonathan Shaw (2016) by Jonathan Shaw
- 16. The Art of Mondo (2017) by Mondo
- 17. Diego Rivera. The Complete Murals (2018) by Luis-Martín Lozano
- 18. Lessons in Classical Painting-Essential Techniques from Inside the Atelier (2016) by Juliette Aristides
- 19. The Art of Moana (2016) by Jessica Julius and Maggie Malone
- 20. Morgan Howell at 45 RPM (2021) by Morgan Howell

BIOGRAPHY AND MEMOIR - https://bookauthority.org

- 1. The Storyteller: Tales of Life and Music (2021) by Dave Grohl
- 2. The Happiest Man on Earth: The Beautiful Life of an Auschwitz Survivor (2021) by Eddie Jaku
- 3. Churchill: Walking with Destiny (2018) by Andrew Roberts
- 4. Spare (2023) by Prince Harry The Duke of Sussex
- 5. The Education of an Idealist: A Memoir (2019) by Samantha Power
- 6. The Book of Gutsy Women: Favorite Stories of Courage and Resilience (2019) by Hillary Rodham Clinton and Chelsea Clinton
- 7. Know My Name: A Memoir (2019) by Chanel Miller
- 8. Finding Chika: A Little Girl, an Earthquake, and the Making of a Family (2019) By Mitch Albom
- 9. Open Book (2020) by Jessica Simpson
- 10. The Yellow House: A Memoir (2019) by Sarah M. Broom
- 11. Let Love Have the Last Word: A Memoir (2021) by Common
- 12. After Life: My Journey from Incarceration to Freedom (2019) by Alice Marie Johnson
- 13. The Chiffon Trenches: A Memoir (2020) by André Leon Talley
- 14. Hyperbole and a Half: Unfortunate Situations, Flawed Coping Mechanisms, Mayhem, and Other Things That Happened (2013) by Allie Brosh
- 15. Once More We Saw Stars: A Memoir (2019) by Jayson Greene
- 16. Home Work: A Memoir of My Hollywood Years (2019) By Julie Andrews and Emma Walton
- 17. Life Stories and Lessons from the Say Hey Kid (2020) by Willie Mays, John Shea, Bob Costas
- 18. Dead People Suck: A Guide for Survivors of the Newly Departed (2018) by Laurie Kilmartin
- 19. What to Do When I'm Gone: A Mother's Wisdom to Her Daughter (2018) by Suzy Hopkins
- 20. Natural Disaster I Cover Them. I am One (2017) by Ginger Ze

BUSINESS AND FINANCE - https://bookauthority.org

- 1. Bad Blood: Secrets and Lies in a Silicon Valley Startup (2020) by John Carryrou
- 2. Richer, Wiser, Happier:How the World's Greatest Investors Win in Markets and Life (2021) by William Green
- 3. How I Built This: The Unexpected Paths to Success from the World's Most Inspiring Entrepreneurs (2020) by Guy Raz
- 4. What It Takes: Lessons in the Pursuit of Excellence (2019) by Stephen A. Schwarzman
- 5. How to Lead: Wisdom from the World's Greatest CEOs, Founders, and Game Changers (2020) by David M. Rubenstein
- 6. The Man Who Solved the Market How Jim Simons Launched the Quant Revolution (2019) by Gregory Zuckerman
- 7. A Random Walk Down Wall Street The Time-Tested Strategy for Successful Investing (2020) by Burton G. Malkiel
- 8. Profit First Transform Your Business from a Cash-Eating Monster to a Money-Making Machine (2017) by Mike Michalowicz
- 9. Capital in the Twenty First Century (2014) by Thomas Piketty
- 10. The Most Important Thing: Uncommon Sense for the Thoughtful Investor (2011) by Howard Marks
- 11. The Little Book of Investing Like the Pros: Five Steps for Picking Stocks (2020) by Joshua Pearl
- 12. Get Backed: Craft Your Story, Build the Perfect Pitch Deck, and Launch the Venture of Your Dreams (2015) by Evan Baehr
- 13. A Practical Guide to Personal Finance: Budget, Invest, Spend (2019) by Michael Taillard
- 14. Fundamentals of Financial Management 15th Edition (2019) by Eugene F. Brigham and Joel F. Houston
- 15. Finessin' Finances: The refreshingly entertaining guide to personal finances (2019) by Stefon Walters
- 16. Fundamentals of Financial Management 10th Edition (2019) by Eugene F. Brigham and Joel F. Houston
- 17. Dual Momentum Investing: An Innovative Strategy for Higher Returns with Lower Risk 1st Edition (2014) by Gary Antonacci
- 18. Family Inc.: Using Business Principles to Maximize Your Family's Wealth (2016) by Douglas P. McCormick
- 19. Rich Dad Poor Dad: What the Rich Teach Their Kids About Money That the Poor and Middle Class

20. Faith Over Finance (2020) by Asaad Faraj

CONSERVATION AND ECOLOGY - https://bookauthority.org

- 1. Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants (2020) by Robin Wall Kimmerer
- 2. Refuge: America's Wildest Places (2020) by Ian Shive and Jim Kurth
- 3. Shepherding Nature: The Challenge of Conservation Reliance (2020) by J. Michael Scott, John A. Wiens, Beatice Van Horne, Dale D. Goble
- 4. The Nature of Nature Why We Need the Wild (2020) by Enric Sala
- 5. Nature's Best Hope: A New Approach to Conservation That Starts in Your Yard (2020) by Douglas W. Tallamy
- 6. Conservation Psychology: Understanding and Promoting Human Care for Nature (2015) by Gene Myers Susan Clayton
- 7. The Conservation Revolution (LBE): Radical Ideas for Saving Nature Beyond the Anthropocene (2020) by Bram Buscher and Robert Fletcher
- 8. Strange Natures: Conservation in the Era of Synthetic Biology (2021) by Kent H. Redford
- 9. Conservation Science: Balancing the Needs of People and Nature Second Edition (2017) by Peter Kareiva (Author), Michelle Marvier
- 10. National Parks from North to South: An Entangled History of Conservation and Colonization in Argentina (2021) by Olaf Kaltmeier
- 11. Nature Conservation in Southern Africa (African Dynamics) (2018) by Jan-Bart Gewald
- 12. Narrating Nature: Wildlife Conservation and Maasai Ways of Knowing (2020) by Mara Jill Goldman
- 13. Red Panda: Biology and Conservation of the First Panda 2nd Edition (2021) by Angela R. Glatston
- 14. Nationalizing Nature: Iguazu Falls and National Parks at the Brazil-Argentina Border (2021) by Frederico Freitas
- 15. Nature's Matrix: Linking Agriculture, Biodiversity Conservation and Food Sovereignty 2nd Edition (2019) by Ivette Perfecto, John Vandermeer, Angus Wright
- 16. Conservation Biology: Foundations, Concepts, Applications (2020) by Fred Van Dyke and Rachel L. Lamb
- 17. Power in Conservation (2020) by Carol Carpenter
- 18. Cultivating Nature: The Conservation of a Valencian Working Landscape (2018) by Sarah R. Hamilton
- 19. Connection to Nature, Deep Ecology, and Conservation Social Science: Human-Nature Bonding and Protecting the Natural World (2020) by Christian Diehm
- 20. Wildlife in the Anthropocene: Conservation after Nature (2015) by Jamie Lorimer

DRAMA - https://www.adazing.com/best-drama-books/ and https://www.rd.com/list/drama-books

- 1. Long Shot (2018) by Kennedy Ryan
- 2. Everything I Never Told You (2015) by Celeste Ng
- 3. Liar, Dreamer, Thief (2023) by Maria Dong
- 4. We Were Never Here (2022) by Andrea Bartz
- 5. The Hacienda (2022) by Isabel Canas
- 6. Angel of Greenwood (2021) by Randi Pink
- 7. Babel (2022) by R.F. Kuang
- 8. Here and Now and Then (2019) by Mike Chen
- 9. Take My Hand (2022) by Dolen Perkins-Valdez
- 10. Life After Life (2013) by Kate Atkinson
- 11. Then She Was Gone (2018) by Lisa Jewell
- 12. Before We Were Yours (2019) by Lisa Wingate
- 13. Where the Crawdads Sing (2021) by Delia Owens
- 14. The Silent Wife (2018) by Kerry Fisher
- 15. Small Great Things (2018) by Jodi Picoult
- 16. Another Love (2016) by Amanda Prowse
- 17. Click (2019) by Kayla Miller

- 18. Twelve Patients: Life and Death at Bellevue Hospital (2013) by Eric Manheimer
- 19. My Brother's Bad Best Friend (2018) by B.B. Hamel
- 20. That Christmas Eve: A Brother's Best friend Baby Romance (2018) by Mia Ford

EDUCATION - https://bookauthority.org

- 1. The Knowledge Gap: The Hidden Cause of America's Broken Education System--and How to Fix it (2019) by Natalie Wexler
- 2. Uncommon Sense Teaching: Practical Insights in Brain Science to Help Students Learn (2021) by Barbara Oakley PhD, Beth Rogowsky EdD, Terrence J. Sejnowski
- 3. Culturally Responsive Teaching and The Brain: Promoting Authentic Engagement and Rigor Among Culturally and Linguistically Diverse Students(2014) by Zaretta L. Hammond
- 4. Make It Stick: The Science of Successful Learning (2014) by Peter C. Brown, Henry L. Roediger III, Mark A. McDaniel
- 5. Dumbing Us Down: The Hidden Curriculum of Compulsory Schooling (2017) by John Taylor Gatto
- 6. Invaluable: Master the 10 Skills You Need to Skyrocket Your Career (2020) by Maya Grossman
- 7. The Privileged Poor: How Elite Colleges Are Failing Disadvantaged Students (2019) by Anthony Abraham Jack
- 8. Learner-Centered Leadership: A Blueprint for Transformational Change in Learning Communities (2020) by Devin Vodicka
- 9. Thrive Through the Five: Practical Truths to Powerfully Lead through Challenging Times (2020) by Jill Siler
- 10. Culturize: Every Student. Every Day. Whatever It Takes. (2017) by Jimmy Casas
- 11. The School of Life: An Emotional Education (2019) by The School of Life (Author), Alain de Botton
- 12. Learning Transformed: 8 Keys to Designing Tomorrow's Schools, Today 1st Edition (2917) by Eric C. Sheninger and Thomas C. Murray
- 13. Take Control of the Noisy Class: Chaos to Calm in 15 Seconds (2017) by Rob Plevin
- 14. The Eq Intervention: Shaping a Self-aware Generation Through Social and Emotional Learning (2020) by Adam Saenz
- 15. Teaching from Rest: A Homeschooler's Guide to Unshakable Peace Perfect (2015) by Sarah Mackenzie
- 16. Unconscious Bias in Schools: A Developmental Approach to Exploring Race and Racism (2019) by Tracey A. Benson and Sarah E. Fiarman
- 17. Learning Together With Young Children: A Curriculum Framework For Reflective Teachers 2nd Edition (2017) by Margie Carter
- 18. How Humans Learn: The Science and Stories behind Effective College Teaching (Teaching and Learning in Higher Education) 1st Edition (2018) by Joshua R. Eyler
- 19. Rewiring Education: How Technology Can Unlock Every Student's Potential (2018) by John D. Couch
- 20. Best Practices in Co-teaching & Collaboration: The HOW of Co-teaching Implementing the Models (2018) by Susan Gingras Fitzell M.Ed.

FICTION, CLASSIC - https://www.penguin.co.uk

- 1. The Catcher in the Rye (2001) by J.D. Salinger
- 2. The Master and Margarita (1966) by Mikhail Bulgakov
- 3. The Go-Between (1953) by L.P. Hartley
- 4. One Flew Over the Cuckoo's Nest (1962) by Ken Kesey
- 5. Nineteen Eighty-Four (1949) by George Orwell
- 6. The Grapes of Wrath (1939) by John Steinbeck
- 7. Beloved (1987) by Toni Morrison
- 8. The Code of the Woosters (1938) by P.G. Wodehouse
- 9. Dracula (1897) by Bram Stoker
- 10. The Lord of the Rings (1954) by J.R.R. Tolkien
- 11. The Great Gatsby (1925) by F. Scott Fitzgerald
- 12. One Hundred Years of Solitude (1967) by Gabriel García Márquez

- 13. Brave New World (1932) by Aldous Huxley
- 14. I Capture The Castle (1948) by Dodie Smith
- 15. The Call of the Wild (1903) by Jack London
- 16. The Chrysalids (1955) by John Wyndham
- 17. The Lion, the Witch and the Wardrobe (1950) by C.S. Lewis
- 18. The Death of the Heart (1938) by Elizabeth Bowen
- 19. Tess of the d'Urbervilles (1891) by Thomas Hardy
- 20. Frankenstein (1823) by Mary Shelley

FICTION, GENERAL- https://websitefinder.wordpress.com https://thegreatestbooks.org

- 1. Life of Pi (2003) by Yann Martel
- 2. The Da Vinci Code (2003) by Robert Langdon
- 3. The Kite Runner (2013) by Khaled Hosseini
- 4. The Help (2011) by Kathryn Stockett
- 5. The Lovely Bones (2004) by Alice Sebold
- 6. Lila (2014) by Marilynne Robinson
- 7. Colorless Tsukuru Tazaki and His Years of Pilgrimage (2013) by Haruki Murakami
- 8. An Untamed State (2014) of Roxie Gay
- 9. Those Who Leave and Those Who Stay (2013) by Elena Ferrante
- 10. Fourth of July Creek (2014) by Smith Henderson
- 11. Wolf in the White Van (2015) by John Darnielle
- 12. Everything I Never Told You (2015) by Celeste Ng
- 13. All My Puny Sorrows (2014) by Miriam Toews
- 14. My Struggle Book Three: Boyhood (2014) by Karl Ove Knausgård
- 15. An Unnecessary Woman (2014) by Rabih Alameddine
- 16. 10:04 (2014) by Ben Lerner
- 17. All Our Names (2014) by Dinaw Mengestu
- 18. The Fever (2014) by Megan Abbott
- 19. How to Be Both (2015) by Ali Smith
- 20. The Children Act (2015) by Ian McEwan

FICTION HISTORICAL - https://www.rd.com

- 1. Last Christmas in Paris (2017) by Hazel Gaynor
- 2. Orphan Train (2017) by Christina Baker Kline
- 3. Guernsey Literary and Potato Peel Pie Society (2009) by Mary Ann Shaffer
- 4. Ten Cents a Dance (2008) by Christine Fletcher
- 5. The Road Home (1995) by Ellen Emerson White
- 6. Homegoing (2016) by Yaa Gyasi
- 7. The Four Winds (2021) by Kristin Hannah
- 8. The View from Castle Rock (2006) by Alice Munro
- 9. A Lesson Before Dying (1993) by Ernest J. Gaines
- 10. Half of a Yellow Sun (2006) by Chimamanda Ngozi Adichie
- 11. Yours Cheerfully (2021) by AJ Pearce
- 12. Joseph and His Brothers (1933) by Thomas Mann
- 13. The Underground Railroad (2016) by Colson Whitehead
- 14. All the Light We Cannot See (2014) by Anthony Doerr
- 15. Wolf Hall (2009) by Hilary Mantel
- 16. The Book Thief (2005) by Markus Zusak
- 17. The Second Life of Mirielle West (2021) by Amanda Skenandore
- 18. The Red Tent (1997) by Anita Diamant
- 19. I, Claudius (1934) by Robert Graves

FICTION, Mystery/Thriller - https://reedsy.com and https://www.penguinrandomhouse.com/

- 1. The Disappearing Act (2021) by Catherine Steadman
- 2. A Stranger in the House (2018) by Shari Lapena
- 3. Before She Disappeared (2021) by Lisa Gardner
- 4. American Spy (2020) by Lauren Wilkinson
- 5. Seven Years of Darkness (2020) by You-Jeong Jeong
- 6. And Then There Were None (2009) by Agatha Christie
- 7. Gone Girl (2014) by Gillian Flynn
- 8. The Postman Always Rings Twice (1989) by James M. Cain
- 9. Woman in White (2008) by Wilkie Collins
- 10. Anatomy of a Murder (1983) by Robert Traver
- 11. Tinker, Tailor, Soldier, Spy (2011) by John le Carré
- 12. The Da Vinci Code (2009) by Dan Brown
- 13. The Girl with the Dragon Tattoo (2011) by Stieg Larsson
- 14. Rebecca (2006) by Daphne du Maurier
- 15. The Maltese Falcon (1992) by Dashiell Hammett
- 16. Big Little Lies (2015) by Liane Moriarty
- 17. In the Woods (2007) by Tana French
- 18. The Silence of the Lambs (1988) by Thomas Harris
- 19. The Moonstone (1999) by Wilkie Collins
- 20. The Girl on the Train (2016) by Paula Hawkins

FICTION, Science Fiction - https://www.penguinrandomhouse.com

- 1. The Gone World (2019) by Tom Sweterlitsch
- 2. The Handmaid's Tale (1998) by Margaret Atwood
- 3. The Hitchhiker's Guide to the Galaxy: The Illustrated Edition (1997) by Douglas Adams
- 4. Hyperion (1990) by Dan Simmons
- 5. Illuminae (2017) by Amie Kaufman and Jay Kristoff
- 6. Amatka by Karin Tidbeck
- 7. Ammonite by Nicola Griffith
- 8. The Best of All Possible Worlds by Karen Lord
- 9. The Blazing World and Other Writings by Margaret Cavendish
- 10. A Canticle for Leibowitz by Walter Miller
- 11. The Children of Men (2006) by P. D. James
- 12. The City & The City (2010) by China Miéville
- 13. Darwin's Radio (2000) by Greg Bear
- 14. Dhalgren (2001) by Samuel R. Delany
- 15. Downbelow Station (2008) by C. J. Cherryh
- 16. Dragonflight (2005) by Anne McCaffrey
- 17. Dune (2019) by Frank Herbert
- 18. Dust (2007) by Elizabeth Bear
- 19. The Fold (2016) by Peter Clines
- 20. Frankenstein (2013) by Mary Shelley

HEALTH AND MEDICINE - https://bookauthority.org/ and https://www.shortform.com/best-books/genre/best-health-books-of-all-time

- 1. Why We Sleep: Unlocking the Power of Sleep and Dreams (2018) by Matthew Walker PhD
- 2. How Not to Die: Discover the Foods Scientifically Proven to Prevent and Reverse Disease (2015) by Michael Greger M.D. FACLM, Gene Stone
- 3. In Defense of Food: An Eater's Manifesto (2008) by Michael Pollan
- 4. The Omnivore's Dilemma: A Natural History of Four Meals (2007) by Michael Pollan
- 5. Being Mortal: Medicine and What Matters in the End (2017) by Atul Gawande
- 6. The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma (2015) by Bessel van der

- Kolk M.D.
- 7. Move Your DNA Restore Your Health Through Natural Movement, 2nd Edition (2017) by Katy Bowman
- 8. Bedlam An Intimate Journey Into America's Mental Health Crisis (2019) by Kenneth Paul Rosenberg
- 9. The First Cell and the Human Costs of Pursuing Cancer to the Last (2020) by Azra Raza
- 10. VRx How Virtual Therapeutics Will Revolutionize Medicine (2020) by Brennan Spiegel
- 11. HealthConsuming From Health Consumer to Health Citizen (2019) by Jane Sarasohn-Kahn, Karl Mooney
- 12. Health Assessment in Nursing (2017) Janet R. Weber RN EdD, Jane H. Kelley RN PhD
- 13. Hartman's Nursing Assistant Care Long-Term Care, 4e (2017) Susan Alvare Hedman, Jetta Fuzy, Suzanne Rymer
- 14. Plagues and the Paradox of Progress Why the World Is Getting Healthier in Worrisome Ways (2018) by Thomas J. Bollyky
- 15. Better A Surgeon's Notes on Performance (2008) by Atul Gawande
- 16. Hallucinations (2013) Oliver Sacks
- 17. Holly Clegg's Trim & TERRIFIC Guy's Guide to Eating Well A Man's Cookbook for Health and Wellness (2018) by Holly Clegg and Dr. Curtis Chastain
- 18. Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care (2015) by Gilbert Welch
- 19. Thirty Rules for Healthcare Leaders Illustrated by Gina Kim (2019) by Sanjay Saint, Vineet Chopra
- 20. Sparks & Taylor's Nursing Diagnosis Pocket Guide Third Edition (2017) by Linda Phelps DNP RN

GARDEN - https://www.amazon.com/Best-Sellers-Books-Gardening-Horticulture-Reference/zgbs/books/5301

- 1. The Well-Tempered Garden (1997) by Christopher Lloyd
- 2. The Dry Garden (2018) by Beth Chatto
- 3. Planting: A New Perspective (2013) by Piet Oudolf and Noel Kingsbury
- 4. We Made a Garden (2024) by Margery Fish
- 5. A Garden from a Hundred Packets of Seeds (2020) by James Fenton
- 6. The 2022 Old Farmer's Almanac Gardening (2022) by Old Farmer's Almanac
- 7. 40 Projects for Building Your Backyard Homestead (2013) by David Toht
- 8. Mini Farming: Self-Sufficiency on 1/4 Acre (2010) by Brett L. Markham
- 9. The Green Witch's Garden: Your Complete Guide (2021) by Arin Murphy-Hiscock
- 10. How Not to Kill Your Houseplant: Survival Tips (2017) by Veronica Peerless
- 11. The Encyclopedia of Country Living, 50th Anniversary Edition (2019) by Carla Emery
- 12. Floriography: An Illustrated Guide to the Victorian Language of Flowers (2020) by Jessica Roux
- 13. Mycelium Running: How Mushrooms Can Help Save the World (2005) by Paul Stamets
- 14. Houseplants for Beginners: A Practical Guide (2021) by Rebecca De La Paz
- 15. How to Houseplant: A Beginner's Guide (2019) by Heather Rodino
- 16. The Complete Gardener: A Practical, Imaginative Guide (2021) by Monty Don
- 17. Vegetable Gardening for Beginners: A Simple Guide (2020) by Jill McSheehy
- 18. Storey's Basic Country Skills: A Practical to Self-Reliance (1999) by John Storey
- 19. Edible Wild Plants for Beginners (2013) by Althea Press
- 20. The Week-by-Week Vegetable Gardener's Handbook (2011) by Jennifer Kujawski

HOME - https://bookauthority.org/books/best-interior-design-books

- 1. The Art of Home: A Designer Guide to Creating an Elevated Yet Approachable Home (20263) by Shea McGee
- 2. Call It Home: The Details That Matter (2923) by Amber Lewis, Shade Degges, et al.
- 3. My Hygge Home: How to Make Home Your Happy Place (2922) by Meik Wiking
- 4. Made for Living: Collected Interiors for All Sorts of Styles (2020) by Amber Lewis and Cat Chen
- 5. Homebody: A Guide to Creating Spaces You Never Want to Leave (2018) by Joanna Gaines
- 6. Suzanne Kasler Sophisticated Simplicity (2018) by Suzanne Kasler and Judith Nasitir
- Beautiful All-American Decorating and Timeless Style (2016) by Mark D. Sikes, Amy Neunsinger, Nancy Meyers
- 8. Rockett St George Extraordinary Interiors: Show-stopping looks for unique interiors (2017) by Jane Rockett & Lucy St George

- 9. Bold British Design Creating a Fearless, Modern Living Space (2020) by Emilio Pimentel-Reid, Sarah Hogan
- 10. Collected Past + Present, Volume No 2 (2020) by Sarah Richardson
- 11. The Anatomy of Color The Story of Heritage Paints & Pigments (2017) by Patrick Baty
- 12. Bloom Wild A free-spirited guide to decorating with floral patterns (2020) by Bari J. Ackerman
- 13. Interior Design Coloring Book An Adult Coloring Book with Inspirational Home Designs, Fun Room Ideas, and Beautifully Decorated Houses for Relaxation (2020) by Jade Summer
- 14. Katie Ridder More Rooms (2020) by Jorge Arango, Eric Piasecki, Dominique Browning
- 15. Expressive Interiors Designing An Inviting Home (2020) by Sandra Lucas, Sarah Eilers, Lucas/Eilers Design Associates, Stephen Karlisch
- 16. The Rebirth of an English Country House St Giles House (2018) by The Earl of Shaftesbury, Tim Knox, Justin Barton, Jenny Chesher
- 17. The New Glamour Interiors with Star Quality (2019) by Jeff Andrews, Kaley Cuoco
- 18. Making Rooms Your Own Lessons from Interior Designers (2019) by Editors of New York Social Diary, Sian Ballen, Lesley Hauge, Jeff Hirsch
- 19. Scandinavia Dreaming Nordic Homes, Interiors and Design (2016) by Angel Trinidad, 0
- 20. Manual of Section (2016) by Paul Lewis, Marc Tsurumaki, David J. Lewis

PARENTING AND FAMILIES - https://bookauthority.org and https://www.goodreads.com/

- Bringing Up Bebe: One American Mother Discovers the Wisdom of French Parenting (2012) By Pamela Druckerman
- 2. Simplicity Parenting: Using the Extraordinary Power of Less to Raise Calmer, Happier, and More Secure Kids (2009) by Kim John Payne and Lisa M. Ross
- 3. The Happiest Baby on the Block: The New Way to Calm Crying and Help Your Newborn Baby Sleep Longer (2002) by Harvey Karp
- 4. Good Inside: A Guide to Becoming the Parent You Want to Be (2022) by Becky Kennedy
- 5. If I Have to Tell You One More Time. . . The Revolutionary Program That Gets Your Kids To Listen Without Nagging, Reminding, or Yelling (2011) by Amy McCready
- 6. The Whole-Brain Child 12 Revolutionary Strategies to Nurture Your Child's Developing Mind (2012) by Daniel J. Siegel, Tina Payne Bryson
- 7. How to Talk So Kids Will Listen & Listen So Kids Will Talk (2012) by Adele Faber, Elaine Mazlish
- 8. Raising Good Humans A Mindful Guide to Breaking the Cycle of Reactive Parenting and Raising Kind, Confident Kids (2019) by Hunter Clarke-Fields MSAE, Carla Naumburg PhD
- 9. No-Drama Discipline The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind (2016) by Daniel J. Siegel, Tina Payne Bryson
- 10. Peaceful Parent, Happy Kids How to Stop Yelling and Start Connecting (2012) by Laura Dr. Markham
- 11. The Conscious Parent Transforming Ourselves, Empowering Our Children (2010) by Dr. Shefali Tsabary
- 12. What to Expect the First Year (2014) by Heidi Murkoff
- 13. How to Talk so Little Kids Will Listen A Survival Guide to Life with Children Ages 2-7 (2017) by Joanna Faber, Julie King
- 14. 1-2-3 Magic Gentle 3-Step Child & Toddler Discipline for Calm, Effective, and Happy Parenting (2016) Thomas Phelan Ph.D.
- 15. Playful Parenting An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence (2002) by Lawrence J. Cohen
- 16. How To Raise An Adult (2016) by Julie Lythcott-Haims
- 17. The Child Whisperer, The Ultimate Handbook for Raising Happy, Successful, and Cooperative Children (2012) by Carol Tuttle
- 18. The Power of Praying® for Your Adult Children (2014) by Stormie Omartian
- 19. Cribsheet A Data-Driven Guide to Better, More Relaxed Parenting, from Birth to Preschool (2020) by Emily Oster
- 20. Mindful Games Activity Cards 55 Fun Ways to Share Mindfulness with Kids and Teens (2017) by Susan Kaiser Greenland

POETRY - https://reedsy.com/discovery

- 1. A Throat Full of Forest-Dirt (2023) By Bri Stokes
- 2. Vigil: Notes from a Hospice Life (2023) By A.J. Land
- 3. How to Monetize Despair (2023) By Lisa Mottolo
- 4. Secrets Make You Sick (2023) By Sarah Erin
- 5. I Am What You Think I Am (2023) By Joey Scribbles
- 6. The Complete Poems of Emily Dickinson (1924) by Emily Dickinson (1830–1886)
- 7. If Not, Winter: Fragments of Sappho by Sappho, (2003) Translated by Anne Carson
- 8. The Rumi Collection by Rumi (1207–1273), (1999) Translated by Kabir Helminski
- 9. On Love and Barley: Haiku of Basho by Basho (1644–1694), (1986) Translated by Lucien Stark
- 10. The Divine Comedy by Dante Alighieri (1265-1321)
- 11. The Complete Sonnets and Poems by William Shakespeare (1564–1616)
- 12. Robert Frost's Poems by Robert Frost (1874–1963)
- 13. 100 Selected Poems by E.E. Cummings (1894–1962)
- 14. Selected Poems by Mary Oliver (1935–2019)
- 15. The Complete Poetry by Maya Angelou (1928–2014)
- 16. Migration: New and Selected Poems by W.S. Merwin (1927-2019)
- 17. Selected Poems by Frank O'Hara (1926–1966)
- 18. Selected Poems by Langston Hughes (1901–1967)
- 19. Ariel by Sylvia Plath (1932–1963)
- 20. The Collected Poems by Audre Lorde (1934–1992)

READING TO/WITH CHILDREN - https://time.com/100-best-childrens-books/

Picture Books and Story Books: Many clubwomen are involved in volunteer programs reading to children, and many more read to their own children/grandchildren. If you are using this category for ESO credit, please include to whom you are reading and if they enjoyed the book. The following titles are current bestsellers and literary award winners, but you may read and report on any children's book.

- 1. Where the Wild Things Are (1984) by Maurice Sendak
- 2. The Snowy Day (1962) by Ezra Jack Keats
- 3. Goodnight Moon (2007) by Margaret Wise Brown
- 4. Blueberries for Sal (1948) by Robert McCloskey
- 5. Little Bear (2003) by Elsa Holmelund Minarik and Maurice Sendak
- 6. Owl Moon (1987) by Jane Yolen
- 7. The Giving Tree (1964) by Shel Silverstein
- 8. The True Story of the Three Little Pigs (1996) by Jon Scieszka
- 9. Tuesday (2011) by David Wiesner
- 10. Where the Sidewalk Ends: Poems and Drawings (2014) by Shel Silverstein
- 11. Harold and the Purple Crayon (2015) by Crockett Johnson
- 12. Make Way for Ducklings (1941) by Robert McCloskey
- 13. Olivia (2004) by Ian Falconer
- 14. Madeline (1967) by Ludwig Bemelmans
- 15. Anno's Journey (1997) by Mitsumasa Anno
- 16. The Frog and Toad Collection Box Set (2004) by Arnold Lobel
- 17. Click, Clack, Moo Cows That Type (2000) by Doreen Cronin
- 18. The Story of Ferdinand (2011) by Munro Leaf
- 19. Don't Let the Pigeon Drive the Bus! (2003) by Mo Willems
- 20. The Lorax (1971) by Dr. Seuss

READING TO/WITH CHILDREN -https://www.scholastic.com/

Chapter Books and Books for Youth

- 1. Bridge to Terabithia (2017) By Katherine Paterson
- 2. The Tale of Despereaux (2015) By Kate DiCamillo
- 3. The Giver (2014) By Lois Lowry

- 4. Hatchet (2006) By Gary Paulsen
- 5. The Outsiders (2006) By S. E. Hinton
- 6. Becoming Naomi Leon (2005) By Pam Muñoz Ryan
- 7. Harry Potter Books 1-7 Special Edition Boxed Set (2018) By J. K. Rowling
- 8. Classic Goosebumps #01: Night of the Living Dummy (2008) By R. L. Stine
- 9. Mr. Popper's Penguins (1938) Book by Florence Atwater and Richard Atwater
- 10. Hunger Games 4-Book Hardcover Box Set (The Hunger Games, Catching Fire, Mockingjay, The Ballad of Songbirds and Snakes) (2020) by Suzanne Collins
- 11. Goosebumps Retro Scream Collection: Limited Edition Tin (2015) by R. L. Stine
- 12. Number The Stars (2011) by Lois Lowry
- 13. To Kill a Mockingbird (1988) by Harper Lee
- 14. The Parker Inheritance (2018) by Varian Johnson
- 15. Kristy's Great Idea: The Baby-sitters Club #1 (2015) by Ann M. Martin
- 16. The Baby-Sitters Club #1-12 Collection (1986-2000) By Ann M. Martin
- 17. Dragon Masters #1: Rise of the Earth Dragon (2014) By Tracey West
- 18. The One and Only Ivan (2012) By Katherine Applegate
- 19. Keep It Together, Keiko Carter (2020) By Debbi Michiko Florence
- 20. Percy Jackson and the Olympians Series #1: The Lightning Thief (2014) By Rick Riordan

RELIGION AND INSPIRATION -https://www.nytimes.com/books/best-sellers/religion-spirituality-and-faith/

- 1. Shaken: Discovering Your True Identity in the Midst of Life's Storms (2016) By Tim Tebow
- 2. The Book of Joy: Lasting Happiness in a Changing World (2016) By Dalai Lama, Desmond Tutu, Douglas Carlton Abrams
- 3. Uninvited: Living Loved When You Feel Less Than, Left Out, and Lonely (2016) By Lysa TerKeurst
- 4. The Book of Mysteries (2016) by Jonathan Cahn
- 5. Present Over Perfect: Leaving Behind Frantic for a Simpler, More Soulful Way of Living (2016) By Shauna Niequist
- 6. Mere Christianity (1952) by C. S. Lewis
- 7. The Bible
- 8. The Chronicles of Narnia (2004) by C.S. Lewis and Pauline Baynes
- 9. The Purpose Driven Life: What on Earth Am I Here For? (2002) By Rick Warren
- 10. Redeeming Love (2007) by Francine Rivers
- 11. Crazy Love (2013) by Francis Chan
- 12. The Pilgrim's Progress (1678-1684) by John Bunyan
- 13. Mark of the Lion (1993) by Francine Rivers
- 14. The Case for Christ (1998) by Lee Strobel
- 15. In His Steps (2018) by Charles Sheldon
- 16. Blessed Child (2001) by Ted Dekker
- 17. Chicken Soup for the Soul
- 18. The Last Battle (2002) by C. S. Lewis
- 19. Arizona Redemption (2011) by SQ Eads
- 20. The King James Bible (2000) by Phyllis Corzine

SCIENCE - http://www.listmuse.com/100-best-science-books-time.php and

https://www.librarything.com/list/1151/all/25-Greatest-Science-Books-of-All-Time

- 1. Silent Spring (1962) By Rachel Carson
- 2. The Man Who Mistook His Wife for a Hat and Other Clinical Tales (2021) By Oliver Sacks
- 3. The Structure of Scientific Revolutions (2012) By Thomas S. Kuhn and Ian Hacking
- 4. Guns, Germs, and Steel: The Fates of Human Societies (2017) By Jared Diamond Ph.D.
- 5. Gaia: A New Look at Life on Earth (2016) By James Lovelock
- 6. The Origin of Species (1859) by Charles Darwin
- 7. QED: The Strange Theory of Light and Matter (1985) by Richard Feynman
- 8. On Growth and Form (1917) by D'Arcy Wentworth Thompson
- 9. Ideas And Opinions (1954) by Albert Einstein

- 10. Knowledge and Wonder: Natural World as Man Knows It (1979) By Victor Weisskopf
- 11. What Evolution Is (2001) by Ernst Mayr
- 12. The Superorganism: The Beauty, Elegance, and Strangeness of Insect Societies (2009) by E.
 - O. Wilson; Bert Holldobler
- 13. The Selfish Gene (1976) by Richard Dawkins
- 14. To Explain the World: The Discovery of Modern Science (2015) by Steven Weinberg
- 15. A Brief History of Time (1988) by Stephen Hawking
- 16. King Solomon's Ring (1949) by Konrad Lorenz
- 17. What is Life? (1944) by Erwin Schrodinger
- 18. The Making of the Atomic Bomb (1986) by Richard Rhodes
- 19. The Elegant Universe (1999) by Brian Greene
- 20. Atkins' Molecules (1967) by Peter Atkins

SOCIAL SCIENCE - https://www.aboutgreatbooks.com/

- 1. Quiet: The Power of Introverts in a World That Can't Stop Talking (2013) By Susan Cain
- 2. Fast Food Nation: The Dark Side of the All-American Meal (2012) By Eric Schlosser
- 3. Blink: The Power of Thinking Without Thinking (2007) By Malcolm Gladwell
- 4. The Divided Self: An Existential Study in Sanity and Madness (1965) By R. D. Laing
- 5. Thinking, Fast and Slow (2013) By Daniel Kahneman
- 6. The Mismeasure of Man (1980) by Stephen Jay Gould
- 7. The Portable Jung (1976) by Carl Jung
- 8. The Upside of Irrationality: The Unexpected Benefits of Defying Logic at Work and at Home (2010) by Dan Ariely
- 9. Man's Search for Meaning (1946) by Victor Frankl
- 10. David and Goliath: Underdogs, Misfits, and the Art of Battling Giants (2013) by Malcolm Gladwell
- 11. Liespotting: Proven Techniques to Detect Deception (2010) by Pamela Meyer
- 12. The (Honest) Truth About Dishonesty: How We Lie to Everyone Especially Ourselves (2012) by Dan Ariely
- 13. Outliers (2008) by Malcolm Gladwell
- 14. Prozac Nation (1994) by Elizabeth Wurtzel
- 15. Amusing Ourselves to Death: Public Discourse in the Age of Show Business (1985) by Neil Postman
- 16. The True Believer: Thoughts on the Nature of Mass Movements (1951) by Eric Hoffer
- 17. When Breath Becomes Air (2016) by Paul Kalanithi
- 18. The Tipping Point: How Little Things Can Make a Big Difference (2000) by Malcolm Gladwell
- 19. Stiff: The Curious Lives of Human Cadavers (2003) by Mary Roach
- 20. The Confidence Game: Why We Fall For It... Every Time (2016) by Maria Konnikova

SPORTS AND RECREATION - https://www.esquire.com/ and https://www.libraryjournal.com/

- 1. Blood in the Garden: The Flagrant History of the 1990s New York Knicks (2022) By Chris Herring
- 2. The Baseball 100 (2021) By Joe Posnansk
- 3. So Help Me Golf: Why We Love the Game (2022) By Rick Reilly
- 4. Raise a Fist, Take a Knee: Race and the Illusion of Progress in Modern Sports (2021) By John Feinstein

gfwc.org

- 5. Playmakers: How the NFL Really Works (And Doesn't) (2022) By Mike Florio
- 6. Barbarian Days: A Surfing Life (2015) by William Finnegan
- 7. Blood Horses: Notes of a Sportswriter's Son (2004) by John Jeremiah Sullivan
- 8. Land of Second Chances: The Impossible Rise of Rwanda's Cycling Team (2013) by Tim Lewis
- 9. Football Against The Enemy (1994) by Simon Kuper
- 10. Touching The Void (1988) by Joe Simpson
- 11. A Good Walk Spoiled: Days And Nights On The PGA Tour (1995) by John Feinstein
- 12. Addicted (1998) by Tony Adams
- 13. Paper Lion (1966) by George Plimpton
- 14. Pocket Money (1986) by Gordon Burn
- 15. Provided You Don't Kiss Me: 20 Years With Brian Clough (2007) by Duncan Hamilton
- 16. The Damned Utd (2006) by David Peace

ESO Reading List 2022-2024

- 17. Muhammad Ali by various
- 18. Slaying the Badger: LeMond, Hinault and the Greatest Ever Tour de France (2011) by Richard Moore
- 19. Open (2009) by Andre Agassi
- 20. Mystery Spinner: the Story of Jack Iverson (2002) by Gideon Haigh

STEM Books for Adults - https://www.goodreads.com

This list is provided for adults to read and learn about STEM related topics, or it is a book to help adults provide activities for children to complete.

- 1. Invisible Women: Data Bias in a World Designed for Men (2021) By Caroline Criado Perez
- 2. Alien Earths: The New Science of Planet Hunting in the Cosmos (2024) By Dr. Lisa Kaltenegger
- 3. Stiff: The Curious Lives of Human Cadavers (2021) By Mary Roach
- 4. Rosalind Franklin: The Dark Lady of DNA (2003) By Brenda Maddox
- 5. Under One Roof (2024) By Emily K. Graham, Angel L. Vargas, et al.
- 6. Rosie Revere, Engineer (2019) by Andrea Beaty
- 7. A Brief History of Time (1998) by Stephen Hawking
- 8. Astrophysics for People in a Hurry (2017 by Neil de Grasse Tyson
- 9. Ada Twist, Scientist (2021) by Andrea Beaty
- 10. The Immortal Life of Henrietta Lacks (2011) by Rebecca Skloot
- 11. The Most Magnificent Thing (2013) by Ashley Spires
- 12. Iggy Peck, Architect (2017) by Andrea Beaty
- 13. Stiff: The Curious Lives of Human Cadavers (2021) by Mary Roach
- 14. Hidden Figures (2016) by Margot Lee Shetterly
- 15. A Short History of Nearly Everything (2004) by Bill Bryson
- 16. The Love Hypothesis (2021) by Ali Hazelwood
- 17. Lab Girl (2016 by Hope Jahren
- 18. Counting on Katherine: How Katherine Johnson Saved Apollo 13 (2018) by Helaine Becker
- 19. Grace Hopper: Queen of Computer Code (2017) by Laurie Wallmark
- 20. The Selfish Gene (1940) by Richard Dawkins

STEM Books for Children - https://www.nsta.org/beststem22 and https://www.goodreads.com

- 1. This Book Is Full of Holes: From Underground to Outer Space and Everywhere In Between (2024) By Nora Nickum and Robert Meganck
- 2. Thomas Jefferson's Battle for Science: Bias, Truth, and a Mighty Moose! (2024) By Beth Anderson and Jeremy Holmes
- 3. Flamingos Are Pretty Funky: A (Not So) Serious Guide (2024) By Abi Cushman
- 4. Fire Flight: A Wildfire Escape (2024) By Cedar Pruitt and Chiara Fedele
- 5. Animal Climate Heroes (2024) By Alison Pearce Stevens
- 6. Amara and the Bats (2021) by Emma Reynolds
- 7. Artificial Intelligence (2021) by Dinah Williams
- 8. Benoit Mandelbrot: Reshaping the World (2021) by Robert Black
- 9. Bicycle: Eureka! The Biography of an Idea (2021) by Lori Haskins Houran
- 10. A Shot in the Arm: Big Ideas that Changed the World #3 (2021) by Don Brown
- 11. Bones Unearthed (Creepy and True #3) (2021) by Kerrie Logan Hollihan
- 12. Classified: The Secret Career of Mary Golda Ross, Cherokee Aerospace Engineer (2021) by Traci Sorell
- 13. Code Breaker, Spy Hunter: How Elizebeth Friedman Changed the Course of Two World Wars (2021)
- by Laurie Wallmark
- 14. Eat Bugs! #1: Project Startup (2021) by Heather Alexander
- 15. Einstein: The Fantastic Journey of a Mouse Through Space and Time (2021) by Torben Kuhlmann
- 16. From Here to There: Inventions That Changed the Way the World Moves (2021) by Vivian Kirkfield
- 17. Glasses: Eureka! The Biography of an Idea (2021) by Lori Haskins Houran
- 18. Lady Bird Johnson, That's Who!: The Story of a Cleaner and Greener America (2021) by Tracy Nelson Maurer
- 19. The Leaf Detective: How Margaret Lowman Uncovered Secrets in the Rainforest (2021) by Heather Lang
- 20. Light Bulb: Eureka! The Biography of an Idea (2021) by Kathleen Weidner Zoehfeld

TRAVEL - https://www.cntraveler.com and https://alittleadrift.com/best-travel-books/

- 1. The Kite Runner (2013) By Khaled Hosseini
- 2. The White Tiger: A Novel (2008) By Aravind Adiga
- 3. The God of Small Things (2008) By Arundhati Roy
- 4. A Fortune-Teller Told Me: Earthbound Travels in the Far East (2002) By Tiziano Terzani
- 5. Their Eyes Were Watching God (2006) By Zora Neale Hurston
- 6. Along the Ganges (2006) by Ilija Trojanow
- 7. Among the Cities (1985) by Jan Morris
- 8. Arabian Sands (1959) by Wilfred Thesiger
- 9. An Area of Darkness (1965) by V. S. Naipaul
- 10. Arctic Dreams (1986) by Barry Lopez
- 11. The Baron in the Trees (1957) by Italo Calvino
- 12. The Bird Man and the Lap Dancer (2004) by Eric Hansen
- 13. Black Lamb and Grey Falcon (1942) by Rebecca West
- 14. Blue Highways (1982) by William Least Heat-Moon
- 15. Chasing the Monsoon (1993) by Alexander Frater
- 16. Cross Country (2006) by Robert Sullivan
- 17. Dark Star Safari (2003) by Paul Theroux
- 18. Down and Out in Paris and London (1933) by George Orwell
- 19. Down the Nile: Alone in a Fisherman's Skiff (2007) by Rosemary Mahoney
- 20. Eat, Pray, Love (2007) by Elizabeth Gilbert

GEOGRAPHY - https://bookauthority.org/

- 1. Prisoners of Geography: Ten Maps That Explain Everything About the World (2016) By Tim Marshall
- 2. History of the World Map by Map (2023) By DK
- 3. The End of the World Is Just the Beginning (2022) By Peter Zeihan
- 4. Countries of the World (2020) By DK
- 5. Where on Earth? Geography As You've Never Seen It Before (2021) By DK
- 6. Barron's AP Human Geography, 7th Edition (2018) by Meredith Marsh Ph.D. and Peter S. Alagona Ph.D.
- 7. A History of Canada in Ten Maps: Epic Stories of Charting a Mysterious Land (2017) by Adam Shoalts
- 8. Atlas of the World (2019) Octopus by Publishing Group Limited, Keith Lye, Wil Tirion
- 9. Spectrum Grade 5 Geography Workbook—5th Grade State Standards for Ecology, Events in History, Social Studies With Answer Key for Classroom or Homeschool (2015) by Spectrum
- 10. Great City Maps A Historical Journey Through Maps, Plans, and Paintings (2016) by DK, Smithsonian Institution
- 11. Amazing World Atlas Bringing the World to Life (2014) by Lonely Planet Kids
- 12. Atlas of the World (2018) by Oxford University Press
- 13. The Geography of South Africa Contemporary Changes and New Directions (2018) by Jasper Knight, Christian M. Rogerson
- 14. The Gleaner Geography & History of Jamaica (1988) by Gleaner
- 15. National Geographic Learning's Visual Geography of Travel and Tourism (2014) by Jan van Harssel, Richard H Jackson, Lloyd E. Hudman
- 16. World History and Geography, Student Edition (2013) by McGraw Hill
- 17. Mountain Geography Physical and Human Dimensions (2013) by Martin F. Price, Alton C. Byers, Donald A. Friend, Thomas Kohler
- 18. Student World Atlas, 9th Edition The Ultimate Reference for Every Student (2010) by DK
- 19. Let's Review Global History and Geography (2012) by Mark Willner
- 20. AP Study Guide to accompany Human Geography People, Place, and Culture (2012) by Erin H. Fouberg, Alexander B. Murphy, Harm J. de Blij

VOLUNTEERISM - amazon.com and https://www.goodreads.com/

- 1. Yes No Maybe So (2020) By Becky Albertalli and Aisha Saeed
- 2. Wide-Open World: How Volunteering Around the Globe Changed One Family's Lives Forever (2015) By John Marshall
- 3. The Call of Service: A Witness to Idealism (1994) By Robert Coles
- 4. Elevating Engagement: Uncommon Strategies for Creating a Thriving Member Community (2023) By Amanda Lea Kaiser
- 5. What Do You Do With an Idea? (2014) By Kobi Yamada and Mae Besom
- 6. 3 Minute Positivity Journal: Boost Your Mood. Train Your Mind. Change Your Life (2021) by Kristen Butler
- 7. Novel Problems: Some books should stay buried! (2021) by George T Morrison
- 8. It's Up to Us: Building a Brighter Future for Nature, People & Planet (The Children's Terra Carta) (2022) by His Royal Highness The Prince of Wales, Christopher Lloyd, et al
- 9. Chicken Soup for the Soul: Volunteering & Giving Back: 101 Inspiring Stories of Purpose and Passion (2015) by Amy Newmark and Carrie Morgridge
- 10. Cramm This Book: So You Know WTF Is Going On in the World Today (2022) by Olivia Seltzer
- 11. HumanKind: Changing the World One Small Act At a Time (2020) by Brad Aronson
- 12. Born on the Fourth of July: 40th Anniversary Edition (2016) by Ron Kovic
- 13. This Book Is Anti-Racist: 20 Lessons on How to Wake Up, Take Action, and Do The Work (Empower the Future) (2020) by Tiffany Jewell
- 14. Unstoppable: Siggi B. Wilzig's Astonishing Journey from Auschwitz Survivor and Penniless Immigrant to Wall Street Legend (2021) by Joshua M. Greene and Deborah E. Lipstadt
- 15. How to Start a 501(C)(3) Nonprofit: Step-By-Step Guide To Legally Start, Grow and Run Your Own Non-Profit in as Little as 30 Days While Avoiding the Common Pitfalls That New Startups Encounter (2021) by Small Footprint Press
- 16. Chicken Soup for the Volunteer's Soul: Stories to Celebrate the Spirit of Courage, Caring and Community (2012) by Canfield, Jack, Mark Victor Hansen, Arline Oberst, John Boal, and Tom Lagana.
- 17. 365 Ideas for Recruiting, Retaining, Motivating and Rewarding Your Volunteers: A Complete Guide for Non-Profit Organizations (2010) by Sunny Fader
- 18. The Heart of a Volunteer (2004) by Dan Zadra
- 19. The Moment of Lift: How Empowering Women Changes the World (2021) by Melinda Gates
- 20. You are the Team (2017) by Michael Rogers

Books on Volunteerism for Children:

- 1. The Can Man (2010) by Laura E. Williams, illustrated by Craig Orback
- 2. The Littlest Volunteers (2007) by Danielle Speckhart
- 3. The Mitten Tree (2009) by Candace Christiansen, illustrated by Elaine Greenstein
- 4. Uncle Willie and the Soup Kitchen (1997) by Dyanne DiSalvo-Ryan and Mira Reisberg
- 5. If Everybody Did (1960) by Jo Ann Stover

WOMEN'S STUDIES - https://www.amazon.com/gp/bestsellers/books/11325 and https://www.goodreads.com

- 1. The Second Sex (2011) By Simone De Beauvoir
- 2. The Feminine Mystique (2013) By Betty Friedan, Gail Collins, et al.
- 3. The Beauty Myth (2002) By Naomi Wolf
- 4. Backlash: The Undeclared War Against American Women (2006) By Susan Faludi
- 5. The Bell Jar (2023) By Sylvia Plath
- 6. Men Explain Things to Me (2015) By Rebecca Solnit
- 7. Quit Like a Woman: The Radical Choice to Not Drink in a Culture Obsessed with Alcohol (2021) by Holly Whitaker
- 8. Burnout: The Secret to Unlocking the Stress Cycle (2020) by Emily Nagoski PhD
- 9. Emma y las otras señoras del narco / Emma and Other Narco Women (Spanish Edition) (2022) by Anabel Hernandez
- 10. Expecting Better: Why the Conventional Pregnancy Wisdom Is Wrong--and What You Really Need to Know (2014) by Emily Oster
- 11. The Immortal Life of Henrietta Lacks (2011) by Rebecca Skloot

- 12. Women Who Run with the Wolves: Myths and Stories of the Wild Woman Archetype (1996) by Clarissa Pinkola Estés
- 13. Come As You Are: Revised and Updated: The Surprising New Science That Will Transform Your Sex Life (Audible Audiobook Unabridged) (2021) by Emily Nagoski
- 14. Moms on Call | Basic Baby Care 0-6 Months | Parenting Book 1 of 3 (2006) by Laura Hunter LPN and Jennifer Walker RN BSN
- 15. Burnout: The Secret to Unlocking the Stress Cycle (Audible Audiobook Unabridged) (2019) by Emily Nagoski (Author, Narrator), Amelia Nagoski (Author, Narrator)
- 16. My Body (2021) by Emily Ratajkowski
- 17. Fervent: A Woman's Battle Plan to Serious, Specific and Strategic Prayer (2015) by Priscilla Shirer
- 18. The Radium Girls: The Dark Story of America's Shining Women (Kindle Edition) (2017) by Kate Moore
- 19. The Lost Daughter (Kindle Edition) (2018) by Elena Ferrante
- 20. Mayo Clinic Guide to a Healthy Pregnancy: 2nd Edition: Fully Revised and Updated (2018) by Dr. Myra J. Wick M.D. Ph.D.

WORLD HISTORY https://bookauthority.org/books/best-world-history-books and https://www.goodreads.com

- 1. Guns, Germs, and Steel: The Fates of Human Societies (2017) By Jared Diamond Ph.D.
- 2. Genghis Khan and the Making of the Modern World (2005) By Jack Weatherford
- 3. Salt: A World History (2003) By Mark Kurlansky
- 4. The Guns of August (2004) By Barbara W. Tuchman and Robert K. Massie
- 5. Collapse: How Societies Choose to Fail or Succeed (2011) By Jared Diamond Ph. D.
- 6. The Silk Roads A New History of the World (2017) by Peter Frankopan
- 7. India in the Persianate Age 1000–1765 (2019) by Richard M. Eaton
- 8. The Darkening Age The Christian Destruction of the Classical World (2018) by Catherine Nixey
- 9. The Patient Assassin A True Tale of Massacre, Revenge and the Raj (2020) by Anita Anand
- 10. The Ocean of Churn How the Indian Ocean Shaped Human History (2017) by Sanjeev Sanyal
- 11. Napoleon The Great (2015) by Andrew Roberts
- 12. A Short History of Nearly Everything (2004) by Bill Bryson
- 13. The Global Age Europe 1950-2017 (2020) by Ian Kershaw
- 14. Silk Roads (2018) by Peter Frankopan, Neil Packer
- 15. The Kingfisher History Encyclopedia (2012) by Editors of Kingfisher
- 16. The People's Republic of Amnesia Tiananmen Revisited (2015) by Louisa Lim
- 17. When Rocks Cry Out (2009) by Horace Butler
- 18. Sapiens A Brief History of Humankind (2018) by Yuval Harari
- 19. The History of the Renaissance World From the Rediscovery of Aristotle to the Conquest of Constantinople (2013) by Susan Wise Bauer
- 20. The War Within Diaries from the Siege of Leningrad (2017) by Alexis Peri

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